

INTRODUCTION

MODULE 18

Becoming a Master of Change

We are living in turbulent times. The rate of change today is the greatest that it has ever been in all of human history, and with the explosion in knowledge, technology and competition, the rate of change is increasing and will continue increasing into the 21st century.

Change is inevitable, unavoidable, discontinuous and relentless. Your job is to learn how to navigate the white waters of change and to use change to your advantage. Your goal is to be a master of change rather than a victim of change.

There is a series of proven methods, techniques and strategies used by highly effective men and women in every area of life to manage the forces of change. In this program you will learn how to get control of every aspect of your life and turn change to your advantage.

“You are only as
free as your options.
Continually develop
alternate courses
of action.”

WHAT YOU WILL LEARN IN THIS SESSION

- “React quickly to changes in the situation. When you get new information, make new decisions.”
1. Developing a “sense of control;”
 2. The most important quality for maximum performance;
 3. Zero-based thinking;
 4. Setting priorities and posteriorities;
 5. The theory of constraints;
 6. The worry buster formula;
 7. The key to personal empowerment;
 8. Taking charge of your life;
 9. The momentum principle of success.